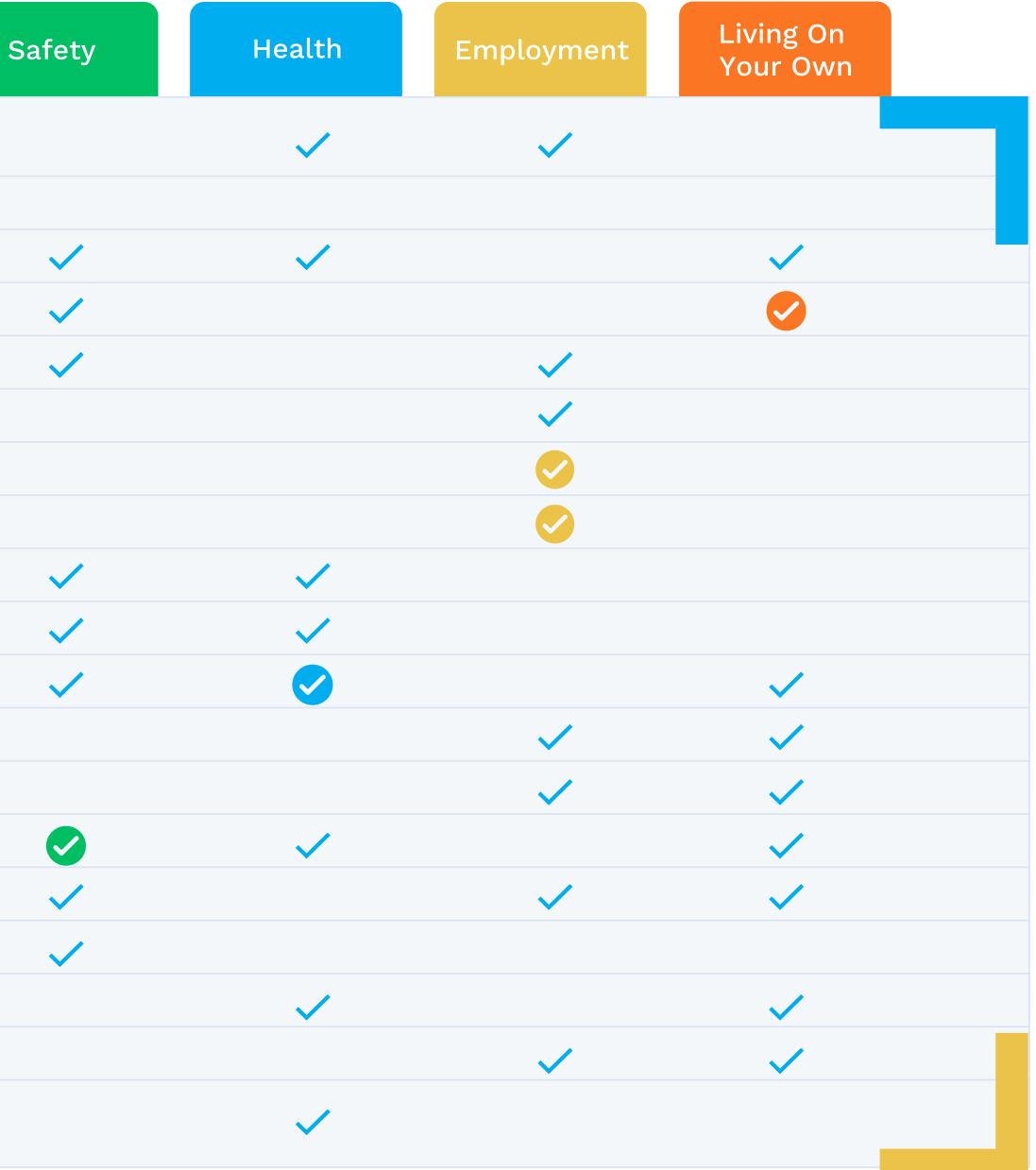


With each course, you earn a certificate of completion, which builds towards larger **Competency Certificates in 5 key areas of** independent living skills: Relationships, Safety, Employment, Health, & Living On Your Own. To earn a Competency Certificate, take the main class(es) with the 💙 +3 additional courses of your choosing

Relationships

Brain Fitness (Executive Functioning)	
Citizenship & Social Justice	\checkmark
Cooking & Meal Planning	
Creating Safe Spaces	
Critical Thinking	
Emotional Intelligence	\checkmark
Employment Skills 101	
Employment Skills 102	
First Aid Basics (non-certification)	
Healthy Relationships	
Healthy You	\checkmark
Money 101: Money Matters	
Money 102: Money Management	
Personal Safety	
Self-Advocacy & Boundaries	\checkmark
Social Connections Using Technology	
Sustainable Living	
Time Management & Organization	
Unwritten Rules: Social Skills Decoded	

This is a full list of our classes that have been developed or are scheduled for development. New classes are being added all the time



Last updated 6.12.23